



Development Camp Application Form

Congratulations! You have been accepted to attend the 2nd ITFNZ Development Camp.

The camp is by invitation only - and will be like no other camp! The cost of the camp is \$65, which includes your food, accommodation, and tuition from some of New Zealand's top instructors.

Here are the details:

Date: 5th - 7th March 2004. Registration from 6.00pm Friday.

Venue: YMCA Camp Adair (Hugh Lambie Village), Hunua, Auckland.

Camp Chief Instructor: Mr Paul McPhail - 6th dan, Ph 09 268 8552, Email: pmcphail@itfnz.org.nz

Camp Co-ordinator: Mrs Deborah Oleson, Ph 529 4700, Email: deborah@ihug.co.nz

Directions:

Take the Papakura exit on to Beach Road, follow it down to the Great South Road. Go straight through to Settlement Road, then right in to Hunua Road (School on the corner). This takes you out through the Hunua Gorge (10 km) and the YMCA camp is on the left past a group of shops. There is a map on the website: http://www.itfnz.org.nz/events/camps/2004_development.html

Camp will commence with a meeting and then training session, starting at 7.00pm Friday 5th March. Please attend this meeting in dobok, ready for the first session immediately after. Please make your own arrangements for dinner prior to this. Camp will finish at 3.45 pm Sunday 7th March.

What to bring:

Dobok(s), belt, sparing gear, pen and notebook, running gear, togs, towel, sleeping bag & pillow, tea-towel, cutlery (plates, spoon, knife, fork, mug) toiletries, torch and cookies.

What not to bring:

Alcohol or similar, cigarettes.

Preparation for camp:

Make sure your fitness level is A1. This will be no ordinary camp. Be mentally ready for anything.

Please fill out the form below and return by 20th February 2004.

(cut here) _____

Name:

Address

Phone Fax Email

Current rank Club Instructor

Age Any medical problems

Any dietary specifications (food allergies?)

I hold myself responsible for any injury that I may sustain in the course of the training weekend. I enclose \$65.00 - cheques payable to "ITFNZ".

Signed (Parent if under 18) Date

Send completed form to: ITFNZ Technical Sub-Committee, PO Box 75-549, Manurewa, Auckland.