ITFNZ PRESENTS:



PROGRAM

SATURDAY

12:15pm	Check in/Settle in	
12:50pm	Assemble in Dobok at training area (PHOTOS)	
1:00pm	Form up and introductions	ED/PM
1:15pm	Warm up	ED
1:30pm	4th & 5th Dan patterns	PM
<u>3:30pm</u>	Break - afternoon tea	
3.45pm	Discussion1 (Why are we the way we are?)	ED
4.00pm	Practical Applications (Workshops) and technical discussions.	ED/PM
5:30pm	Finish	
<u>6:30pm</u>	<u>Dinner</u>	
8:00pm	Discussion 2 - The present & future Guest speaker: Mrs Trish Rounthwaite, 4 th dan Secretary Australia ITF (ITF situation and our plan for the future)	
SUNDAY		

SUNDAY

7:00am

Lake Shore Visit	ED
	Lake Shore Visit

8:00am Breakfast

9:00am Senior Grading Requirements PM / ED /MB

10:30am Morning tea

11:00am Discussion 3 - Planning ideas for ITFNZ

Rise and shine

(Stripes on tour, stripes seminars, regional examiners, senior gradings etc)

12.30pm Lunch

1.00pm Finish.