

Noah

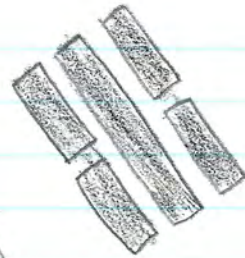
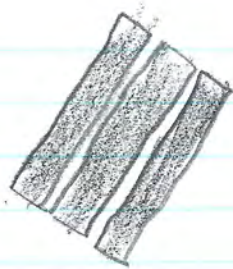
Wilford School

100 William Street

Petone

Lower Hutt

29.05.13



Dear Mrs Patterson

Thank you for taking us for Tae Kwon Do. At the beginning I wasn't that good at the start but now I am really good.

My favourite move is the high Kick that you taught us.

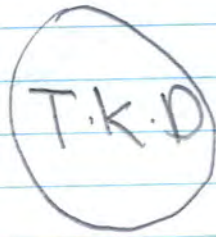
I have gotten better at front snap Kick. The tenet in Tae

Kwon do that I have used the most has been perseverance.

I can't wait to break the boards today.

From Noah.

Emma Drayton
Wilford School
100 William Street
Petone Lower Hutt.



29/5/13

Dear Mrs Patterson,

Thank you for teaching us Tae Kwon Do. I have got very good at the front snap kick, that one is also my favourite. At the beginning I wasn't so good at anything but after 8 weeks I can do more things better and I am more confident. The tenet I thought most helpful was self control that helped me be more calm with what I do though I thought all of them were helpful if I can't wait to we have comps and breaking boards in session & I learnt that Tae Kwon Do can help me through life if something happens I can defend my self. Thank you for spending your time teaching the middle school
Tae Kwon Do.

From Emma Drayton Rm 7

My favourite move would most likely be the jump kick, it's really cool.

I think I'm getting better at my front kicks since last year on sports day.

I'm really excited about breaking the boards today.

From Emma T

Dinh Thach

Wilford school

100 William street petone lower hutt

29.05.13

Dear Mrs Patterson

Thank you for taking us for Tae kwon Do. I have got better at Tae kwon Do. My favourite move is the axe kick .braking boards is going to be fun. technique of Tae Kwon Do that I have used.... The most has been self-control and courtesy.

From Dinh.



Chaos

Wilford School

100 William Street

Petone

Lower Hutt

29/5/2013

Dear Mrs Patterson

Thank you for teaching room 7 TKD. At the beginning I did not know any moves but now I know some of the moves. I've got better at the jumping kick. My favourite move is the jumping

*kick and I'm looking for to breaking some
boards the tenets I have used most is courtesy*

From Chaos

Ethan Reriti

Wilford School

100 William Street

Petone

Lower Hutt

Dear Mrs Patterson and Mr Hardwick

Thank you for teaching us tae kwon do.

Every time we did a session I have got

Better at my kicks and push's my favourite move was the snap kick because you need speed for this kick.

The technique I am working on is a turn kick it's kind of hard to keep your balance. I'm still kind of nervous of breaking a board bet

It well be a fun day. From Ethan

Zara Millikin

Wilford School

100 William st

Petone

Lower Hutt

Dear Mrs Patterson and Mr Hardwick

Thank you for teaching us taekwondo. The sessions were really fun. My favourite move is the jumping kick and the turning kick. I think that I have got better at the jumping kick, front snap kick and the low block. At the beginning of taekwondo sessions I was a bit nervous but now I really like it! The tenet that I use the most is admirable spirit because I try my best in the lessons and keep going when I don't get a kick right. I can't wait to break boards today.

From Zara



29.5.2013.

Aroha
Wilford school
100 William Street
Petone
Lower hutt.

Dear Mrs Patterson

Thank you for teaching us Tae Kwon Do. At the beginning I only knew a few moves. But now I know lots. My favourite move is the front snap kick. The tenet I have used the most is courtesy. The last technique we used was the high kick. I have improved in all the moves. I can't wait to break some boards and join the club.

From Aroha Kohu-Smith Rm 7

TAE KWON DOE

Dear Mrs Patterson and Mr Hardwick

Thank you teaching us tae kwon do.

We will really miss you. I hope yous had a lovely time at Wilford School. Now we know some skills. You are awesome and kind + smart. You are really good to say. Thank you for everything you have done. My favourite move was the jump kick. The move that I am getting better at the side kick. At the beginning it was very hard but now it is a little easy.

From Alex



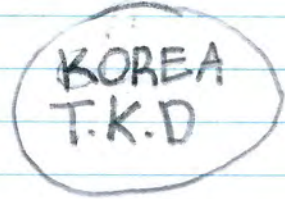
29/5/13



INTERNATIONAL
TAEKWON-DO

Bella
Wilford school
100 William Street
Petone
Lower Hutt

Black belt



Dear Mrs. Patterson,

Thankyou for taking us for Tae Kwon Do

I have got better at the ace brick and its
really fun!!!

My favourite move is my punching.

The tenet of T.K.D that I have used the
most is Integrity.

I use to not be able to kick high but
now I can.

I cant wait to break boards.

From Bella. Thompson Rm 7.



29/5/13

Grace Davidson

Wilford School

100 William Street

Petone

Lower Hutt



Dear Mrs. Patterson & Mr Hardwick,

Thank you for teaching our class Tae Kwon Do. It was a great pleasure for you to come in. I have got better at all the kicks.

My favourite move is the front snap kick and the turning kick. But I liked all the other kicks as well.

The Technique that I used the most was the turning kick.

I am really excited when we will break the boards .It will be really fun. The tenet of Tae Kwon Do I have used the most has been Perseverance. At the beginning of Tae Kwon Do I was really nervous but now I know I am fine.

Thank you again for coming in to teach us Tae Kwon Do. It was really fun to learn Tae Kwon Do again.

From Grace!

Finlay

Wilford school

100 William Street

Petone

Lower Hutt

29.5.13

Dear Mrs Patterson

Thank you for taking us for Tae Kwon Do. At the beginning I felt a little shy but now I love it because I can defend myself from my brother. I have got better Soccer because I can kick further. My favourite move is he flying kick so I can jump higher.

The technique I liked was the punch swap punch with the other hand I reckon breaking boards is awesome because they break and you can put them together again. The tenet that I have used the most is integrity and self.

From Finlay





EMILY BRAID



WILFORD SCHOOL





100 WILLIAM STREET



PETONE







LOWER HUTT






29.5.13






Dear Mrs Patterson,



Thank you for teaching us Tae Kwon Do the sessions
have been very fun.



At the beginning I knew nothing about Tae Kwon Do
but now I know lots about it!




My favourite move is high kicks because they are
really fun and I love jumping high!




All week I have been thinking about breaking boards.

I wonder if I will break a board?



The tenet of Tae Kwon Do that I have used the most is
indomitable spirit



Because I have had and have courage in myself!!!

I have gotten better at the diagonal kick and the punches as well as everything else! Once again thank you and thank you too Mr Hardwick for teaching me and the other classes.

Emily Braid Room7

P.S I have learned lots thanks

