

Kids Tournament Tamaki TKD

Patterns

Sparring

Flying High Kicks

Power Punch

13 yrs and under. Kubz welcome.

Saturday 30th November.

Teams of 6-8 kids

(if you don't have a team we can place you in one)

\$15 (pay on the day).



Please register before tournament by email: tamaki.tkd@gmail.com

● Time: 1:45 pm to 5:30 pm (We may finish early)



Date: Saturday 30th November 2013

FundRaiser

Helen's Appeal

Helen is a vibrant, caring and kind mother of 3 and loving wife to Sam. She was diagnosed with stage 4 pancreatic cancer and is determined to live a long and full life.

We want to support her in her struggles as she is a great friend to us all

Location: Meadowbank Primary School

68 Waatarua Rd, Remuera