Patterns and Techniques Seminar

Students will be given in depth tuition on the patterns and techniques for their grade with opportunity for detailed question and answer sessions.

Presented by instructors:

Master Rimmer VII dan Ms Young V dan Mr Brown IV dan

Supported by their assistant instructors

Open to all grades, white belts to 1st dan students.

All regions welcome.



When:	Sunday 1 August 2010 12:30pm-4:30pm
	(option to leave after 2:30pm)
Cost:	\$20 for first family member, \$15 for second, and
	\$10 for any further family members

Venue: Aquinas College Gym, 183 Pyes Pa Road, Tauranga



SILLA TAE KWONDC





Proceeds will be given to support a TKD member in P.N.G. who had their village destroyed in an inter-village conflict. Our goal is to raise money to rebuild one traditional house.

For more information contact Fiona Simmonds 07 576 9639 (A/hr) or Pete Cossey 07 579 2144.